

Contact Office Manager (Yorlly)

During Office Hours:

Mondays 6pm-9pm NEW! Evening Hours! Wednesdays & Thursdays 8:30am to 3:30pm 360-387-1655 OR call/text 360-941-1918

Thank You

Thank you to all that helped with the Jazz Concert! It was a great event & could not happen without wonderful volunteers! Debbie & Bob Christopher, Diane M., Rozanne M., Joanne B., Cindy T., Tricia B., Valerie S., Ron C., Duane H., Mike L., & Ron Jones & Jazz Forrest!

Also, Thank you to all the volunteers that helped sell tickets!



JULY 2019 NEWSLETTER

2019

Upcoming Events

Clubhouse Hawaiian Luau In AUGUST! Check calendar for details!



Mark your Calendar 2nd Friday every Month TGIF

Come and join us for an informal social. JULY 12th

Place: Banquet Hall Time: 5:30pm to 7pm

Things to bring: Appetizer to share, your favorite beverage, glass, plate fork,

napkins

Questions: Call Kathleen 360-572-4112 Or Paula 425-213-4331

Beach 1 Art Gallery

New Artist gallery reception is held every first Friday of each new month.

Come check out the new art, meet the featured artist, & mingle. Dates: July 5th 5pm to 7pm.

FEATURING Artist Diane Hill

See you there!

The Healing Movement Project aims to create a safe and supportive community for you to honor your healthy body, mind and spirit by exploring physical movement like, yoga, tai chi, rhythmic dance, and mind and spirit awareness practices like, meditation, mantra, imagery, breathing, poetry and general holistic health concepts like better sleep, food for nourishment, stress reduction and positive socialization. All in the positive, unique and intimate space. These activities and the community we build during our time together helps support your ability to create deeper awareness around your personal health and wholeness and understanding what is truly important to you and your health.

FREE at Camano Country Club Clubhouse Tuesday, July16th! 12:45pm to 2pm